2:Gough E-4, 5 (1947-1949)1961 AWll Kerala AWll
Central Kerala Nayar

613 476 small neighborhoods, indeed, all the lineages were sometimes enangar to one another, although this seems to have been rare. At least one man and one woman of each of its enangar lineage had to visit a household for the life-crisis rites of its members, at which they gave [553] ceremonial assistance and partook of a feast. These rites included the [588] naming ceremony of a baby, the first rice feeding in the sixth month, the pre-puberty marriage rite of girls, the first menstruation ceremony [881] of a girl, the first pregnancy ceremony of a woman, the offerings to [843] a departed spirit which closed the period of death pollution, and the subsequent offerings each year to the spirits of recently dead members of a property group on the anniversaries of their deaths. Enangar [769] also gave neighborly help on the day of a cremation and, during the [765] fifteen days of death pollution, provided cooked food for the household of the bereaved. [783]

613 592 Although whole lineages were linked as enangar to each other, a linked lineage acted as a collectivity only at the pre-puberty marriage rite, at cremations, and on the sixteenth day after a death. For the other life crises, each household of a lineage would invite as enangar partners only one household in each of their linked lineages with whom they had special customary ties. Similarly, the members of a household were not obliged to invite other branches of their own lineage to the minor life crises, although they might do so if they wished.

613 588 The enangar played their most important role at the pre-puberty marriage rite. Every ten to twelve years each lineage held a grand ceremony in its oldest ancestral house, at which time all immature girls of the lineage of one generation were ritually married by men of enangar groups. This ceremony, called *tālikettukalyānam* ("*tāli*-tying ceremony") had to be performed for each girl before puberty on pain of her excommunication from caste (Gough, 1955). Before it took place, elders of the assembly selected suitable youths of the enangar lineages as ritual bridegrooms for the girls. At the ceremony each bridegroom, in the company of representatives of every household in the neighborhood, tied a gold ornament (tāli) round the neck of his bride. Each couple was then secluded in a room of the ancestral house for three days and nights, during which, if the girl was old enough, sexual relations might take place. On the fourth day the bridegrooms departed. They had no further obligations to their brides [885] and did not need to visit them again unless they wished. After the tāli rite, however, a girl was regarded as having attained the status of a mature woman, ready to bear children to perpetuate her lineage.

2:Gough E-4, 5 (1947-1949)1961 A Wll Kerala A Wll
Central Kerala Nayar

WOMAN-DAUGHTER

593 A woman was her daughter's immediate mentor and moral authority throughout her life. Whereas a son entered the company of men and boys after about the age of seven, a daughter returned to her mother's [868] intimate care after the tāli rite. From her mother and from older women of the taravād a girl learned cookery, household and child care, manners, morals, and minor agricultural work. As her daughters came of age a woman took personal pride in their dress, jewelry, and [864] physical attractions. It is said that formerly mothers and other matrilineally related women instructed girls in the arts of love. A woman should spend her life in her mother's household, and she should obey her, taking over from her more and more of the household re- [769] sponsibilities. She should defend her mother in disputes with other women, offer her companionship in old age, and perform funeral and anniversary rites for her soul after her death.

A daughter replaced her mother in the social structure and was ex- [843] pected to resemble her in character, as indeed she often did. A woman's constant care for her daughter's welfare became particularly prominent during the latter's pregnancy and parturition, when the mother must be at hand to offer counsel, good food, and medicines. So long as they respected her and did not encroach on her authority, she should welcome her daughters' husbands with cordiality. If, how- [606] ever, a husband's conduct gravely displeased his mother-in-law, she [586] had the right to ask her daughter to reject him. A dutiful daughter would usually do so; if she refused, the mother might place her case before the kāranavan and request that the husband be dismissed.

Behavior between mother and daughter was usually informal, and they had few secrets from one another. In the privacy of their home and in the absence of men, matrilineally related women of today discuss their affairs and their neighbors freely, sometimes with hilarious [578] mimicry. Mother and daughter were expected to have occasional quarrels. Indeed, there was often a deep undercurrent of rivalry between them which might break out into acrimonious mutual scolding. A daughter should bear patiently her mother's reprimands, but even though she struck her mother in anger her bad conduct would be forgiven more readily than the neglect of a son. A mother would also often try to shield her daughters from anger on the part of the kāranavan, of the mother's own brothers, or even of her sons. Mother and daughters usually maintained unity in disputes with other segments of the taravād, and it was axiomatic that mother and daughters stand united in disputes with other households.

2:Gough E-4, 5 (1947-1949)1961 A Wll Kerala A Wll
Central Kerala Nayar

A husband normally visited his wife after eating supper in his natal home, and left before breakfast. Even today in many orthodox Nayar homes men eat regularly in their taravāds and accept food in their wives' homes only on special invitation from their wives' kāranavans. Traditionally a husband placed his weapons outside his wife's door as a sign to other men that he was within. My informants in a Cochin village reported that, within living memory in the late nineteenth century, if two husbands called on the same night the one who came last might sleep outside on the veranda. Usually a woman's regular husbands knew each other and informally agreed upon their turns.

The relationship with the visiting husband was called *sambandham* (Sanskrit, "joining together"). At the start of a girl's first sambandham her husband came to her house privately at night, sometimes with a few friends of his own age. In the presence of the girl's kin he presented her with a white cloth of the kind worn as a skirt. The occasion was not marked by feasting. Later husbands might or might not present the cloth. A transient visitor is said to have left a gold coin beneath the woman's pillow, and a regular husband might do the same on the first night of his union.

While his relationship lasted, a regular husband was expected to make gifts to his wife at the three main festivals of the year. Vishu, in April, was the Malayalam New Year; Onam, in September, was a harvest festival; Tiruvadira, in December, was a women's festival to Kama Devan, the god of passion. The gifts were of bathing oil, bananas, wafer biscuits, and betel leaves and areca nuts for chewing. In some areas a husband also gave a loin cloth of superior quality at Onam. The gifts were prepared by women of the husband's taravād, and he should present them in person to each of his wives on the festival day. If a husband failed to make these gifts it was a tacit sign that he had ended the relationship. It should be noted that the gifts, trivial in value, were gifts of courtship and were in no sense maintenance. Bathing oil is a feminine toilet requisite; wafer biscuits are delicacies served at feasts; and the giving of chewing materials between a man and a woman is everywhere in South India associated with courtship or with the first night of marriage. A husband had no obligation at all to maintain his wife, for she received her food, shelter, and regular clothing from her taravād.

The only other obligations of a husband came at the birth of a child. When a woman became pregnant it was necessary for one or more men of appropriate caste to acknowledge possible biological

2:Gough E-4, 5 (1947-1949)1961 A Wll Kerala A Wll
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paternity. This they did by making gifts to the woman herself and to the midwife immediately after the birth. Any man who had visited the woman in the appropriate time period was required to make these gifts. If a man refused, he could be called upon by the caste assembly to fulfill his obligation. The gifts comprised two new lower cloths for the mother and one cloth and a quantity of paddy as payment to the Nayar woman barber who attended at the delivery. Again, these gifts were clearly legal and ceremonial tokens rather than objects of substantial economic value. Legally, however, their transfer was of the utmost significance. For if no man would consent to make the delivery payments, the woman was assumed to have had sex relations with a man of lower caste or with a Muslim or a Christian. Her caste assembly would temporarily excommunicate her taravād until she and her child had been driven out by their kāranavan and the woman's funeral rites had been performed. The woman, presumably with her child, might be executed by her matrilineal kinsmen or allowed to become a slave of the district chief or the king. If the woman and her lover were publicly exposed even before the birth of the child, both might be put to death.

A woman had no obligations to her husbands other than the granting of sexual privileges. Nayar husbands of the woman's own caste occasionally dined in her household but this was a favor and not a right. Nayar households sometimes provided uncooked food and a separate building for Brahman or chiefly husbands, but this again seems to have been a matter of courtesy rather than of obligation. Husbands of higher caste made the same gifts to their wives as did Nayar husbands.

In the nineteenth century her kāranavan selected a woman's first husband, and he may have done so at earlier periods. Until the 1930's many kāranavans also retained the right to dismiss a husband who displeased them. It seems improbable, however, that a woman or her kāranavan would ever refuse the visits of a Brahman, chief, or village headman of powerful standing in the community. In some cases also a husband of higher caste seems to have monopolized the favors of a Nayar woman, a privilege not accorded to men of her own caste. K. Kannan Nair reported (1908: 186) that until a century previously local chiefs sometimes compelled a woman to receive as husbands those of her enangar who wished to marry her. In general, however, women seem to have been free to reject particular men, and both men and women to terminate liaisons without formality.

In all possible respects attempts seem to have been made to reduce

4:Gough E-5 (1947-1949, 1952)1958 AW11 Kerala AW11
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kāranavan's death, his adopted successor was too young to manage the property. This passed temporarily into the management of a man from still another branch of the same lineage. When the true claimant came of age he disputed his guardian's management. After a bitter lawsuit the guardian was deposed in a British court. He continued to live on the *taravād*'s land and to harass his young successor. When the guardian died, the young *kāranavan* in his anger failed to arrange for the cremation rites until several days had passed and the corpse had decomposed. The ghost of this proxy *kāranavan* has harrassed his successors ever since, causing many of them to die of diabetes. The present members regard this condition as a decomposition of the body during life. The ghost's anger is so great that propitiations do not wholly avert its vengeance, although special offerings temporarily delay the progress of the disease.

The misfortunes inflicted by lineage ghosts include many forms of sickness, mental disorder, female barrenness and miscarriages, all of which are attributed to actual bodily possession by a ghost. Financial loss, crop failure and the deaths of babies or cows may also result from the ghosts' displeasure. I could find no very clear distinction between the misfortunes inflicted by lineage ghosts and those brought about by the patron goddess, by malevolent alien ghosts, or by the witchcraft or sorcery of enemies. Indeed it is obvious that the Nāyars themselves do not clearly restrict particular misfortunes to particular agents. For on the occasion of a misfortune, the *kāranavan* must often consult the village astrologer (Kanisan) who makes calculations to discover the responsible agent. He then instructs the *kāranavan* how to carry out its propitiation or to accomplish its control.

However, my information suggests that some misfortunes may be more likely to be attributed to some agents than to others. Miscarriages, for example, seem to be often attributed to ancestresses, to female alien ghosts, or to the patron goddess. Barrenness is often attributed to the snake gods of the *taravād*, who are believed to guard the fertility of its women. These misfortunes seem to be less often attributed to male ghosts, although some instances are known. Perhaps most important, however, circumstances immediately preceding the misfortune may help to determine the agent. If a forebear has died recently, or if a *taravād* has failed to propitiate its lineage ghosts or patron goddess, the *kāranavan* may not even trouble to consult the astrologer, or the astrologer may merely corroborate his suspicions. Similarly, if a man has an enemy with whom he has recently quarreled and then himself falls ill with fever, he is like to assume that the enemy has engaged the services of a witch or sorcerer against him. In small villages whose population is stable, moreover, the astrologer makes it his business to know the affairs of his clients and thus to diagnose appropriate causes for their misfortunes.

Sociological analysis. A satisfactory analysis of the functions of lineage ghosts must take into account those of other supernatural agents and of secular authorities. Among the Nāyars, supernatural agents have played only a minor role in punishing offences against men, as distinct from those against themselves. This is undoubtedly because human authorities of various kinds had strong judicial functions, deriving from their incorporation in a kingdom. In the last analysis their authority was backed by the military power of the king or chief. Among Nāyars, civil disputes were tried by village headman or district chief. Certain major crimes against the kingdom's religious laws were tried in the Raja's court. They included the killing of a cow or a Brahman or fornication with lower caste persons. The killing or assault of a Nāyar

5:Mehra E-5 (no date) 1956 AWll Kerala AWll
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hoods are placed in the shrine, and no insect or rat or other animal is killed in the consecrated spot. Even broken bits of snake images are worshipped and they are set up in a row. No image or snake-stone is permitted to fall down, as that is considered to be inauspicious. On the inner surface of the hood of the snake is carved a seated female figure.

These sacred snakes are supposed to be different from the ordinary serpents. They are given the status of benign family deities and are presumed to possess strange powers and the attribute of gods. They are revered and they deign to live only under ceremonially pure conditions and surroundings, accepting only vegetarian offerings and abhorring animal sacrifice. In contrast mention may be made of the Thlen of the Khasis which demands human blood as offering. In the event however of their abode being polluted, e. g., by a menstruating woman, the serpents are angered, and unless propitiated may cause disease or harm to the offender. The sacred serpent called *sarpam* is supposed to be small, about 6 to 18 inches in length and is golden in colour. It is highly poisonous but ordinarily does not do any harm. If properly propitiated it guards the family and brings good luck and prosperity; but if neglected, insulted, or otherwise uncared for, it causes skin disease, leprosy or loss of sight. Such a punishment is visited on the offender or on his near relatives. As a consequence certain taboos are attached to the shrines and no menstruating or pregnant woman may come within six yards of the shrine, nor should anyone enter it without taking a bath.

The actual worship or *puja* is conducted either once or twice a year. The priest cooks rice in milk and adds pieces of ripe plantain to it, with a few flowering heads of the sacred *tulsi* plant dropped in towards the end. The offering is cooked on a special oven near the *sarpa kavu* in a bell-metal vessel. Thereafter, the priest pours some water over the snake idols to ceremonially bathe them and places a bunch of areca-nut palm in efflorescence on the head of the image in a diagonal fashion. The idol is then anointed with turmeric powder and basil leaves and flower petals are

it certainly did not long ago. Polyandry exists amongst other castes, as we shall see by and by.

We must now leave the subject of marriage, which, simple though it is, is like most simple things extremely difficult to describe. The marital relation of the Nâyar is a very natural and simple affair; yet it is the *point d'appuis* of that system of inheritance through women which was once much more common than it is now.

Let us hope it will remain unchanged, and that the Nâyar will be able to say always (in his own tongue), with more regard for concrete truth than poetic insight "Das ewig' weibliche ziet uns hinan."

BIRTH: ANTE-NATAL AND AFTER CEREMONIES.

843 The following very interesting note on the ceremonies connected with birth, those preceding it as well as those following it, has been very kindly given by Mr. U. Balakrishnan Nâyar; so I quote his own words:—

"A Nâyar woman has to observe certain ceremonies during pregnancy. First, during and after the seventh month of pregnancy, she (at least, among the well-to-do class) bathes, and worships in the temple, every morning; and eats before her morning meal, a small quantity of butter over which holy *mantrams* have been said by the temple priest or by Nambûtiris. This is generally done till delivery.

"*Puli-kuti.*—Another and even more important ceremony during pregnancy is the *puli-kuti* (lit., drinking tamarind juice). This is an indispensable ceremony, performed by the rich and poor alike, on a particular day in the ninth month. The day, nay, even the very hour is fixed by the local astrologer. The ceremony begins by the planting of a twig of the *ampasham* tree, on the morning of the day of the ceremony, in the principal courtyard *(natu-muttom)* of the *Taravâd.* At the appointed hour or *muhurtam*, the pregnant woman, after having bathed and properly attired, is conducted to a particular portion of the house (*vatakini* or northern wing), where she is seated, facing eastwards. The *Ammâyi* or 'uncle's wife,' whose presence on the occasion is essential, goes to the courtyard and plucking a few leaves of the planted twig, squeezes a few drops of its juice into a cup. This she hands over to the brother, if any, of the pregnant woman. It is necessary that the brother should wear a gold ring on his right-hand ring finger. Holding a

6:Fawcett G-5 (ca. 1900)1915
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country knife *(pissan kathi)* in his left hand, which he directs towards the mouth, he pours the tamarind juice over this knife with his right hand three times, which dribbles down the knife into her mouth, and she drinks it. In the absence of a brother, some other near relation officiates. After she has swallowed the tamarind juice, she is asked to pick one out of several packets of different grains placed before her. The grain in the packet she happens to select is supposed to declare the sex of the child in her womb. The whole ceremony is wound up by a sumptuous feast to all the relatives and friends of the family.

"*After Ceremonies.*—At delivery, women of the barber caste officiate as midwives. In some localities, this duty is performed by *Vêla* caste women. Pollution is observed for fifteen days, and on every day, the mother wears cloths washed and presented her by a *Vannatti* or woman of the Vannan* caste. On the fifteenth day is the purificatory ceremony. As in the case of death pollution, a man of the Atikkurissi clan sprinkles on the woman a liquid mixture of oil, and the five products of the cow (*pancha gavya*), with gingelly seeds. Then the woman takes a plunge-bath and sits on the ground, near the tank or river. Some woman of the family, with a copper vessel in her hands, takes water out of the tank or river, and pours it on the mother's head as many as twenty-one times. (I am not aware if this practice is universal, though it certainly obtains in parts of South Malabar and even in North Travancore.) This done, she again plunges herself in the tank or river, from which she emerges thoroughly purified.

"It may be noticed that, before the mother proceeds to purify herself, the new-born babe has also to undergo some rite of purification. The babe is placed on the naked floor, and its father or uncle sprinkles a few drops of cold water on it and takes it in his hands. The superstitious believe that the temperament of the child is determined by that of the person who thus sprinkles the water. All members of the *Taravâd* observe pollution for fifteen days immediately following the delivery, during which period they are prohibited from entering temples and holy places.

"*First Birthday Celebration.*—The twenty-seventh day after the child's birth or the first recurring day of the star under which it was born marks the next important

* Over a great part of Malabar she would, however, be of the Tiyan caste.

564 582 421 Among Nambûdiris only the eldest son of the patrilineal family might take one or more wives from his caste and beget children for his family. Younger sons might form liaisons only with Nayar women, their children being Nayar by matrilineal descent. Nambûdiri younger sons, like unmarried Nambûdiri women (of whom there were many), had rights to maintenance from the ancestral estate but might not divide the property. These customs ensured the stability of the Nambûdiri estate by preventing it from increasing in numbers and splitting into segments.

595 [833] [431] In all the matrilineal castes the husband, whether alone or of a group, had none but sexual rights in his wife and few economic obligations. Sex-relations were called *sambandham* ('joining together'), and were initiated without religious rites. On his first visit the lover customarily presented the woman with a loin-cloth before her matrilineal kin. He might also place a sovereign under the pillow before leaving next morning, but neither gift was obligatory. When a woman became pregnant, she must name one or more men of appropriate [843] sub-caste as possible fathers: this vindicated her from the charge of cohabitation with a low-[851] caste man. The men named must jointly meet the expenses of her delivery; their payment of this sum to the barber-midwife was a public acknowledgment that the child had been [431] licitly begotten by a man of correct sub-caste. In addition, her lovers provided a woman with bathing-oil, clothing, and ceremonial gifts of vegetables at the three main festivals of the year. These payments were a sign of their continued association with her. Beyond this, a lover had no obligations to his mistress; either of them might stop cohabitation at will.

595 851 601 564 [613] With polyandrous unions, the physiological fatherhood of a child was often unknown. Even when known, the father had no rights in nor obligations to his children. All the current lovers of the mother were called *achan* (father) but kinship terms were not extended to their lineage-kin. Though he might play with his children, the father might not dispute their *kāranavan*'s authority. In hypergamous unions, the higher caste father might not eat in the house of his mistress, and, after taking a bath in the morning, might not touch her nor her children.

613 588 [881] *The Nayar* Tāli-*Rite.* Though the first *sambandham* of a girl began without ceremony shortly before or after puberty, she must before puberty go through the *tālikettukalyānam*. This was collectively conducted by the lineage every ten to twelve years for all its immature girls. If a girl matured before the rite was performed, she must theoretically be cast out by her lineage and banished from her village. In fact, my informants said that in this event, the first menstruation (normally marked by public rites) would be kept secret by the lineage until after the *tāli*-rite could be performed.

The central rite of this ceremony was, as in the ordinary marriage of Tamil patrilineal castes and of the Nambûdiris, the tying of a gold ornament (*tāli*) strung on a thread of white silk, round the neck of the girl by a ritual bridegroom (*manavalan*).

613 621 564 In the retainer sub-castes the Nayar lineages of a village, or in some cases of a group of villages, formed a local sub-caste group (*tara*). Each lineage was linked by ties of ritual co-operation to two or more other lineages of the group. These linked lineages were called *enangar*. *Enangar* relations were reciprocal but not exclusive, so that in a group of eight lineages, lineage A might be *enangar* to B, C, D, and F; B to A, E, and F; C to A, H, and G; E to B, H, and G; F only to A and B; and H to E, D, and C. A chain of *enangar* relationships thus indirectly linked all lineages of the local sub-caste group. *Enangar* lineages must send repre-[692] sentatives to ceremonies of the linked lineage, e.g. the termination of birth and death pollu-tions and the first menstruation of a girl. *Enangar* must also take note of breaches of caste law by members of their linked lineages and report such culprits for trial by the *tara* assembly. 613 They were thus the formal links between a lineage and its assembly: they represented the local sub-caste group (called the *enangu*) to the individual lineages. In ceremonies, they played

7:Gough E-5 (1947-1949) 1955 AWll Kerala AWll
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This partial avoidance between a woman and her older natal kinsmen begins after the *tāli*-rite, when she receives the title *amma* (lit. 'mother'). In the rite, it seems, the girl is fictitiously made mature by the mock menstrual seclusion – before she is in danger of actually becoming mature; her sexuality is then given away by her natal kinsmen to a vicarious husband outside her lineage. For this is the one right in her forbidden to her natal kinsmen; the rest – her domestic services and procreative power – remain theirs throughout her life. Even among North Malabar Nayars and Tiyyars, with their virilocal residence, the brother may call home his sister and her children and require her to divorce her husband. He must, moreover, maintain her if she is divorced, and her children have the right to return to the mother's brother's house as his heirs.

The unconscious desire for adelphic incest in these matrilineal castes appears in other rites. I have mentioned the rites performed by the brother of a girl at her first menstruation among South Malabar Nayars and North Malabar Tiyyars. Later, when the South Malabar Nayar woman was in the fifth or seventh month of her pregnancy, she was formerly seated before her brother who poured tamarind juice into her mouth from the point of the *taravāḍ*'s ancestral sword. It was believed that he thus conveyed strength (*śakthi*, a generalized form of energy believed to reside *par excellence* in semen) and also martial valour, into the body of the first-born child. This seems a clear instance of the brother's unconscious wish to impregnate his sister himself, as well as an explicit recognition that, in matriliny, the mother's brother has the rights of a *pater* in the child.

Among South Malabar Tiyyars the tamarind-juice is given by the pregnant woman's brother to her husband, and by the husband's sister to his wife. This rite is more in keeping with a patrilineal system in which the husband has primary procreative rights in his wife. At the same time, it seems likely that the rite reflects the brother's unconscious desire to pass his 'strength' to his sister and her child, through the husband, and the sister's desire to contribute to the making of the child, and thus usurp the role of her brother's wife. The rite is beautifully in keeping with double unilineal descent, in which brothers and sisters retain strong interest and rights in each others' offspring.

The unconscious fear, and underlying it, an unconscious desire, of women for sexual attack from a male parental figure (the father in this case) probably appears also in the South Malabar Tiyyar rites which precede the tamarind-drinking. These are to drive out evil spirits who may attack the child in the womb. The woman sits at night before a group of washermen (Mannans) who invoke the spirit in song, and perform devil-dancing in weird masks. By morning, the more susceptible of the women present, overcome by the spirit, may go into fits. Finally a live cock is held against the woman's forehead, and rice thrown over her head. If she has a fit, the cock is beheaded and its blood offered to the evil spirit. The rites are paid for by the woman's father. In view of what is known of the beliefs concerning incubi in western societies (Jones 1931, ch. 3), it seems probable that these rites issue from the unconscious female fear of being attacked sexually by the father, and the recognition of the father's unconscious desire to kill the child in his daughter's womb. The Mannan devil-dancers (who sometimes consciously impersonate the dead ancestors of a propitiating Tiyyar lineage) may be interpreted to represent the woman's lineage forbears and thus, collectively, her father.[1]

Again, in all the groups studied the *taravāḍ* is believed to be guarded by a group of snake-

[1] This interpretation is practically certain in view of the almost identical ceremony carried out one year after the death of a South Malabar Tiyyar. It is believed that before this the spirit is earth-bound and cannot be invoked to pass to heaven. On the night fixed, small girls of the *taravāḍ* sit before Mannan and Panan devil-dancers who, as in the pregnancy ceremonies, wear weird masks and sing to invoke the spirit. Late at night one of the girls may become possessed by it and commence, wear weird masks and sing to invoke the spirit. Late at night one of the girls may become possessed by it and talk like the deceased, and give commands to the family about its future conduct. After this ceremony the spirit is freed from its bonds to the earth (see Thurston and Rangachari 1909, VII, p. 91). Since the possession of the girls by an ancestral spirit here is of the same kind as in the pregnancy rites and both types of spirit are called *predhas*, there seems little doubt that the evil spirit who attacks is also ancestral and thus an *iṣaṭ*.

8:Panikkar I-4, 5 (no date) 1918 AWll Kerala AWll
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the last fifty years. All the evidence that we have of this custom among the Nāyars in the sixteenth, seventeenth, and eighteenth centuries, are from foreign travellers who, it must be remembered, were not allowed to come within sixty yards of a Nāyar house. Their evidence, therefore, is an extremely unsatisfactory ground for dogmatising on Nāyar customs. On the other hand, the extensive Malayalam literature of that period contains no single allusion to polyandry. The works of Kunchan Nambiar, whom it is no exaggeration whatever to compare to Molière, though he describes minutely the social life of the Nāyars of the early eighteenth century with its laxity of morals, redeemed only by chivalry of conduct, makes no mention whatever of polyandry. On the other hand, in a famous passage he makes the declaration: "It is against the laws of all castes for a woman to have four or five husbands."

Nalanchu barthaaroru thikku thanatu ,
Nalu jatikkum Viddhichatallorkanam.

How far this statement is decisive it is difficult to say. But one thing seems to be clear from it, that the idea in itself was repugnant to the community as a whole, though individuals might have practised it here and there.[1]

V.—BIRTH AND FUNERAL CEREMONIES.

Among the Nāyars, as among all the people whose life is regulated by magico-religious customs, child-birth is an event of great and mysterious significance. Especially is this the case with regard to the first child. Therefore the ceremonies of nativity are of an intenser and more magical character during the time of the first pregnancy than during subsequent ones. Indeed, the mysterious nature of childbearing is entirely lost after the first time, and the ceremonies on subsequent occasions are only a few tabus, which are generally, in the phraseology of Van Genepp, "rites dynamistes directs et negatives."

The most important of the pre-natal ceremonies is *Pulicudi*,[2] or the drinking of the tamarind juice; and the customs relating it are as follows: On the appointed day all the *enangars* (people belonging to the same kingship organization) come to the house early in the morning, and the pregnant woman is taken out by one of them and bathed, after rubbing oil all over her. Then she is dressed for the occasion and, entering the house from the north, sits looking eastward. The astrologer, who being of a lower caste commonly stands in the outer courtyard, calculates the auspicious hour. He sends word when the time is come, and the *Ammāci* (the wife of the mother's brother, and mother-in-law by right of the brother) pours a few drops of tamarind juice in a small silver bowl. The brother or the uncle of the

[1] See Note 3, Appendix.

[2] Dr. Rivers makes some obviously erroneous deductions based upon this word, for which see note on "The Similarities between Nāyars and the Todas," Appendix, Note 2.

8:Panikkar I-4,5 (no date) 1918 AWll Kerala AWll
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pregnant woman, taking a sword, generally kept for this purpose, and holding it in the left hand points it to her mouth. The juice is then poured on it in such a way as to fall by drops into her open mouth. After this, one of the women of the *enangu* group smears the body and head of the pregnant woman with coco-nut oil and takes her to the tank. She is also required to choose one from a collection of different grains, and it is believed you can say from the choice what the sex of the child is going to be.

The significance of the ceremony seems to be twofold. First, it is the official notification to the allied families as well as to the local village groups of the fact that a woman is lawfully pregnant in the house. The intervention of the *Ammāri* or the mother's brother's wife is supposed to show that everything is as it ought to be. It is, therefore, in the first place merely a social announcement. Secondly, the actual ceremony with the sword is supposed to have the effect of making the child a warrior, and it is believed to impart the virtues of bravery, manliness and honest dealing. It is, therefore, in the classification of Van Genepp, a rite direct, sympathetic, automatic and positive. The tamarind juice is believed to create sensitiveness and honour. It is a "contagionist" rite. Whenever a man shows cowardice, the question that is asked as a mark of contempt is: "Were you not born after *Pulicudi?*" or "did not your mother drink the tamarand juice?"

After the *Pulicudi* there are many prohibitions which a pregnant woman has to respect. Of this the most important is the absolute sexual tabu which dates from the *Pulicudi* to forty days after the childbirth. Other tabus are mainly connected with food and are mostly "contagionist" positively or negatively. Thus the woman is not supposed to take very warm food, as it might scorch the head of the child; she is not supposed to eat much hot food (chilis, pepper, etc.), because it might put out the eyes of the child. There are no definite rules about these, but every mother in her desire to do the child no possible harm keeps herself away from all doubtful matter.

After the birth of the child there is a mild pollution (as compared to the strong untouchable pollution caused by death) in the family. This pollution does not carry any disabilities except the prohibition to enter any sacred precincts. On the fifteenth day there is a purificatory ceremony, but there are no festivities or celebrations connected with it.

The mother and the child are accommodated in a special room which no man may enter. Unmarried girls, unless they are little children, are also not allowed to go near. The child, of course, can be seen by all after the cutting and burying of the umbilical cord. It is handed round to the father and other interested relations. No kind of food except the mother's milk is given to it, and, if the mother died at the birth of the child, it is generally given the milk of some relations or even of outsiders who have children of almost the same age. The person whose milk the child thus drinks, though she be an outsider, is considered equal to its own mother, and her children are considered the same as own brothers. There is a story of a Nāyar

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themselves by bathing in the temple tank, come to the *Darsana* (the aspect towards which the face of the image looks). There the priest brings the offering and the male member from either the father's family or the mother's own family takes a little of it on his pointing finger and gives it to the child. The child is supposed to inherit the qualities of the person who gives it the sacred rice, an idea allied to the superstition concerning godfather and godchild. There is, of course, a feast on the day at the child's house.

"Chaque société générale," says M. Van Gennep, "peut être considéré comme une sorte de maison devisée en chambres et en couloirs. . . . Chez les demi-civilisés ces compartiments sonts soigneusement isolés les unes des autres et pour passer de l'un à l'autre des formalités et des cérémonies sont nécessaires." This idea that in semi-civilised societies stages of life are marked out with great precision so that the passage from one to another necessitates ceremonies or "rites de passage" is applicable only in a very limited sense in the case of the Nāyars. Among them such ceremonies are few and very far between. The male children, after the *Churu Koda*, or the rice-giving ceremony just now described, have only one other ceremony to perform which is called *Sasty-Purty*, or the fullness of sixty years. Between his sixth month and his sixtieth year a male member of the Nāyar Society has no *rites de passage* to pass through. The *Sasty-Purty*, which takes place on his sixtieth birthday, is a sort of jubilee, after which respectable people are supposed to retire from worldly life. It is indeed a *rite de passage*.

Women have naturally more ceremonies than men. Apart from the *Talikettu* (described in the last chapter) a Nāyar woman has to pass through the ceremonies of *Terundu Kuli* (bathing after the first menses) and *Pulicudi* described above. After she has become a mother a woman can be said to be free from all ceremonies till her sixtieth year, when, after a *Sasty-Purty*, she also retires from active life.

The Nāyar funeral ceremonies are of a very complex nature. They show a great deal of Hindu ideas about soul and re-birth mixed with purely Nāyar beliefs about *Pretrams*, ghosts, etc., etc. It is important, in this connection, to notice at the very start that the Nāyars make a clear distinction between the ceremonies performed at the death of the eldest member of the family and those at the death of others. The following is the procedure generally adopted at the death of a Nāyar. As soon as a person dies he is bathed and clad in white, and laid on a bed made of long plantain leaves. If it is the eldest male or female member of the family that is dead, then all their relations on the matrilineal side present new cotton cloths, with which the corpse is covered and tied before it is taken to be burnt. Only the eldest members are burnt; others are buried. Apart from the greater importance attached to the death of the eldest members, the ordinary funeral rites are in essentials the same.

The presence of the *Mārān* (a particular caste among the Nāyars who perform the lesser priestly functions) is absolutely necessary on the occasion. He is sent for as

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are allowed greater freedom in the choice as well as in the divorce of husbands (*sambandhakárans*), and the females in the family do not interfere in their freedom so long as it does not produce any domestic scandal. The orthodox view is that, as the woman is not independent, she seldom thinks of relinquishing the husband. Arbitrary divorce is thus discouraged, and adultery is a grave social offence. A wife, who is disputatious, who steals her husband's property, who favours another than her husband, who converses with strangers, who is gluttonous, who enters strange houses, should be put away even though she may have born ten sons. Litigation between two families and disagreement between a husband and wife are also the causes. Social stigma follows the adulterer, and the adulteress loses her status in society.

Pulikudi.

A Nayar woman has to observe certain ceremonies during her first pregnancy. First during and after the seventh month of pregnancy, she bathes and worships the deity in the temple every morning, and eats before her morning meal, a small quantity of butter, over which holy *mantrams* have been recited by the temple priest or by Nambuthiris. This is done generally till delivery. *Pulikudi* (tamarind juice drinking) is an indispensable ceremony performed for every pregnant woman, by the rich and poor alike, on an auspicious day, in the ninth month of pregnancy. An auspicious day, nay, even the very hour, is fixed by the astrologer. The ceremony opens by the planting of a twig of the *ambázha* tree (Spondias mangifera) on the morning of the day of the ceremony in the inner court-yard (*nadumittam*) or the northern wing of the house. At the appointed hour (*muhúrtam*), the pregnant woman, after having been bathed and properly attired, is conducted to the northern block of the house (*vatikkini*) where she is seated facing eastwards. The *Ammáyi* or the uncle's wife, whose presence on the occasion is essential, goes to the court-yard, and plucking a few leaves of the planted twig, squeezes a few drops of its juice into a cup. This she hands over to the brother, or uncle, if any, of the pregnant woman. It is necessary that the brother should wear a gold ring on his right hand ring-finger. Holding a country knife (*pisánkatti*) in his left hand, with its point towards the north, he pours the tamarind juice over his knife with his right hand three times

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843 The juice dribbles down the knife into her mouth, and she drinks [602] it. In the absence of a brother, some other near relation officiates. After she has swallowed the tamarind juice, she is asked [824] to pick one grain out of several packets of different grains placed before her. The grain in the packet is supposed to [574] declare the sex of the child in her womb. The whole ceremony is wound up by a sumptuous feast to all the relatives and [78] friends of the family. The *enangan's* wife at the time pours oil over the head of the pregnant woman. If the oil flows on the left side, it predicts the birth of a female; if on the right side, a male.

844 When a Nayar woman is about to become a mother, she is placed in a reclining position on a low wooden couch (*kattódom*), her back supported by a companion, generally an old woman. The *kattódom* is very like, if not identical with, the couch on which the Nayar woman has her oil bath. The surface of it is sloping, the higher end being where the head is laid, and it is scooped out so as to suit the curvatures of the body lying flat. Lying on her back, the thighs are stretched wide apart. Very often she holds in each hand a rope suspended from the ceiling by [564] way of support. The child is received by a woman of the barber caste, who generally officiates as midwife, and in some places this duty is performed by a woman of the Vélan caste.

Childbirth.

846 Pollution is observed for fifteen days, and on every day, the mother wears cloths, washed and presented her by *Vannáthi* (a woman of the washerman caste). On the fifteenth day is the purificatory ceremony. As in the case of death pollution, a man of the Athikurussi clan sprinkles on the woman a liquid mixture of oil, and the five products of the cow (*panchagavyam*) with gingelly seeds. Then the woman dips herself in a tank or river or sits on the ground near the bank, and a maid servant pours on her head the water from a vessel as many as [184] twenty-one times. This practice is not universal, though it certainly obtains in the State and in some parts of South Malabar and Travancore.

846 852 It may be noticed that, before the mother proceeds to purify herself, the new born baby has also to undergo some rite of purification. The baby is placed on the bare floor, and its father or uncle sprinkles a few drops of cold water on it

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has been explained to me as emanating from a command of the Kōlatirri Rājah in days gone by, when, the Arabs having come to the country about Calicut, there was a chance of the women being seized and taken as wives. The explanation is somewhat fanciful. The prohibition to cross the river to the northwards is supposed to have originated in much the same way. As bearing on this point, I may mention that the Nāyar women living to the east of Calicut cannot cross the river backwater, and come into the town." It may be noted in this connection that the Paikāra river on the Nīlgiri hills is sacred to the Todas, and, for fear of mishap from arousing the wrath of the river-god, a pregnant Toda woman will not venture to cross it. No Toda will use the river water for any purpose, and they do not touch it, unless they have to ford it. They then walk through it, and, on reaching the opposite bank, bow their heads. Even when they walk over the Paikāra bridge, they take their hands out of the putkuli (body-cloth) as a mark of respect.

The complexity of the sub-divisions among the Nāyars in North Malabar is made manifest by the following account thereof in the Gazetteer of Malabar. "There are exogamous sub-divisions (perhaps corresponding to original tarwāds) called kulams, and these are grouped to form the sub-castes which are usually endogamous. It is quite impossible to attempt a complete account of the scheme, but to give some idea of its nature one example may be taken, and dealt with in some detail ; and for this purpose the portion of Kurumbranād known as Payyanād will serve. This is the country between the Kōttapuzha and Pōrapuzha rivers, and is said to have been given by a Rāja of Kurumbranād to a certain Ambādi Kōvilagam Tamburātti (the stānam or title of the senior lady of the Zāmorin Rāja's family). In

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In a recent account of a Nāyar wedding in high life in Travancore, the host is said to have distributed flowers, attar, etc., to all his Hindu guests, while the European, Eurasian, and other Christian guests, partook of cake and wine, and other refreshments, in a separate tent. The Chief Secretary to Government proposed the toast of the bride and bridegroom.

The following note on Nāyar pregnancy ceremonies was supplied to Mr. Fawcett by Mr. U. Balakrishnan Nāyar. "A woman has to observe certain ceremonies during pregnancy. First, during and after the seventh month, she (at least among the well-to-do classes) bathes, and worships in the temple every morning, and eats before her morning meal a small quantity of butter, over which mantrams (consecrated formulæ) have been said by the temple priest, or by Nambūtiris. This is generally done till delivery. Another, and even more important ceremony, is the puli-kuti (drinking tamarind juice). This is an indispensable ceremony, performed by rich and poor alike, on a particular day in the ninth month. The day and hour are fixed by the local astrologer. The ceremony begins with the planting of a twig of the ampasham tree on the morning of the day of the ceremony in the principal courtyard (natu-muttam) of the taravād. At the appointed hour or muhūrtam, the pregnant woman, after having bathed, and properly attired, is conducted to a particular portion of the house (vatakini or northern wing), where she is seated, facing eastward. The ammayi, or uncle's wife, whose presence on the occasion is necessary, goes to the courtyard, and, plucking a few leaves of the planted twig, squeezes a few drops of its juice into a cup. This she hands over to the brother, if any, of the pregnant woman. It is necessary that the brother should wear a gold ring on his

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593 right ring finger. Holding a country knife (pissan kathi) in his left hand, which he directs towards the mouth, he pours the tamarind juice over the knife with his right hand three times, and it dribbles down the knife [602] into the woman's mouth, and she drinks it. In the absence of a brother, some other near relation officiates. 843 After she has swallowed the tamarind juice, the woman is asked to pick out one of several packets of different grains placed before her. The grain in the packet she happens to select is supposed to declare the sex of the child in [574] her womb. The ceremony winds up with a sumptuous feast to all the relatives and friends of the family." In connection with pregnancy ceremonies, Mr. N. Subramani Aiyar writes that "the puli-kuti ceremony is performed at the seventh, or sometimes the ninth month. The husband has to contribute the rice, cocoanut, and plantains, and present seven vessels containing sweetmeats. In the absence of a brother, a Mārān pours the juice into the mouth of the woman." It is noted in the Cochin Census Report, 1901, that "the puli-kudi ceremony consists in administering to the woman with child a few pills of tamarind and other acid substances. The pills are placed at the end of a knife-blade, and pushed into the mouth of the woman by means of a gold ring. [593] The ceremony, which in a way corresponds to the [604] pumsavana of the Brāhmans, is performed either by a brother or uncle of the woman, and, in the absence of both, by the husband himself. Unlike Brāhmans, the ceremony is performed only at the time of the first pregnancy." In the eighth month, a ceremony, called garbha veli uzhiyal, is performed by the Kaniyan (astrologer) to remove the effects of the evil eye.

The ceremonies observed in connection with pregnancy are described as follows in the Gazetteer of

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Malabar. "The first regular ceremony performed during pregnancy is known as pulikudi or drinking tamarind, which corresponds to the Pumsavanam of the Brāhmans. But there are other observances of less importance, which commonly, if not invariably, precede this, and may be considered as corresponding to the Garbharakshana (embryo or womb protection) ceremony sometimes performed by Brāhmans, though not one of the obligatory sacraments. Sometimes the pregnant woman is made to consume daily a little ghee (clarified butter), which has been consecrated by a Nambūdiri with appropriate mantrams. Sometimes exorcists of the lower castes, such as Pānans, are called in, and perform a ceremony called Balikkala, in which they draw magic patterns on the ground, into which the girl throws lighted wicks, and sing rude songs to avert from the unborn babe the unwelcome attentions of evil spirits, accompanying them on a small drum called tudi, or with bell-metal cymbals. The ceremony concludes with the sacrifice of a cock, if the woman is badly affected by the singing. The pulikudi is variously performed in the fifth, seventh, or ninth month. An auspicious hour has to be selected by the village astrologer for this as for most ceremonies. A branch of a tamarind tree should be plucked by the pregnant woman's brother, who should go to the tree with a kindi (bell-metal vessel) of water, followed by an Enangatti* carrying a hanging lamp with five wicks (tukkuvilakku), and, before plucking it, perform three pradakshinams round it. In the room in which the ceremony is to be

* An Enangan or Inangan is a man of the same caste and sub-division or marriage group. It is usually translated "kinsman," but is at once wider and narrower in its connotation. My Enangans are all who can marry the same people that I can. An Enangatti is a female member of an Enangan's family.

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843 performed, usually the vadakkini, there is arranged a mat, the usual lamp (nilavilakku) with five wicks, and a para measure of rice (niracchaveppu), also the materials necessary for the performance of Ganapathi pūja (worship of the god Ganēsa), consisting of plantains, brown sugar, leaves of the sacred basil or tulasi (*Ocimum sanctum*), sandal paste, and the eight spices called [593] ashtagantham. The woman's brother performs Ganapathi pūja, and then gives some of the tamarind leaves to the Enangatti, who expresses their juice, and mixes it with [824] that of four other plants.* The mixture is boiled with a little rice, and the brother takes a little of it in a jack [602] (*Artocarpus integrifolia*) leaf folded like a spoon, and lets it run down the blade of a knife into his sister's mouth. He does this three times. Then the mixture is administered in the same manner by some woman of the husband's family, and then by an Ammāyi (wife of [574] one of the members of the girl's tarwad). The branch is then planted in the nadumittam, and feasting brings the ceremony to a close. The above description was obtained from an Urali Nāyar of Calicut taluk. In other localities and castes, the details vary considerably. [564] Sometimes the mixture is simply poured into the woman's mouth, instead of being dripped off a knife. Some castes use a small spoon of gold or silver instead of the jack leaves. In South Malabar there is not as a rule any procession to the tamarind tree. Among Agathu Charna Nāyars of South Malabar, the ceremony takes place in the nadumittam, whither the tamarind branch is brought by a Tiyan. The girl carries a valkannadi or bell-metal mirror, a charakkōl or arrow, and a pisankatti (knife). An Enangatti pours some oil

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[137] * The aimpuli or "five tamarinds" are *Tamarindus indica*, *Garcinia Cambogia*, *Spondias mangifera*, *Bauhinia racemosa*, and *Hibiscus hirtus*.

on her head, and lets it trickle down two or three hairs to her navel, where it is caught in a plate. Then the girl and her brother, holding hands, dig a hole with the charakkōl and pisankatti, and plant the tamarind branch in the nadumittam, and water it. Then the juice is administered. Until she is confined, the girl waters the tamarind branch, and offers rice, flowers, and lighted wicks to it three times a day. When labour begins, she uproots the branch."

"At delivery," Mr. Balakrishnan Nâyar writes, "women of the barber caste officiate as midwives. In some localities, this is performed by Vêlan caste women. Pollution is observed for fifteen days, and every day the mother wears cloths washed and presented by a woman of the Vannân [or Tîyan] caste. On the fifteenth day is the purificatory ceremony. As in the case of death pollution, a man of the Attikurissi clan sprinkles on the woman a liquid mixture of oil and the five products of the cow (pânchagavya), with gingelly (*Sesamum*) seeds. Then the woman takes a plunge-bath, and sits on the ground near the tank or river. Some woman of the family, with a copper vessel in her hands, takes water from the tank or river, and pours it on the mother's head as many as twenty-one times. This done, she again plunges in the water, from which she emerges thoroughly purified. It may be noted that, before the mother proceeds to purify herself, the new-born babe has also to undergo a rite of purification. It is placed on the bare floor, and its father or uncle sprinkles a few drops of cold water on it, and takes it in his hands. The superstitious believe that the temperament of the child is determined by that of the person who thus sprinkles the water. All the members of the taravâd observe pollution for fifteen days following the delivery, during